



8876 '98 NOV 24 P2:35

October 30, 1998

Office of Special Nutritionals  
HFS-450 Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
200 C St.SW  
Washington DC 20204

Statement of Nutritional Support- **GINGKO PLUS**  
Pursuant to 21 CFR Part 101.93, American Specialty Health & Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as:**GINGKO PLUS**

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Dr.  
Ste. 250, San Diego CA 92108

2) Text of Nutritional Support Statement being Made:

"Ginkgo leaves and seeds were first used to support the lungs and muscular system. It is used in the West for its vasodilating properties to support healthy blood circulation to all parts of the body. Ginkgo also supports a healthy nervous system and the memory."

3) Name of dietary ingredient(s): See Attached Product Label

4) Brand Name: **GINGKO PLUS**

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Vice President.

Yours truly,

A handwritten signature in cursive script, appearing to read "Doug Metz".

Dr. Doug Metz  
Vice President

97S-0162

LET2470

# Ginkgo Plus

## Description:

Ginkgo Plus contains an herbal blend containing ginkgo biloba which has been used for thousands of years by Chinese herbalists. Ginkgo leaves and seeds were first used to support the lungs and muscular system. It is used in the West for its vasodilating properties to support healthy blood circulation to all parts of the body. Ginkgo also supports a healthy nervous system and the memory.

These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

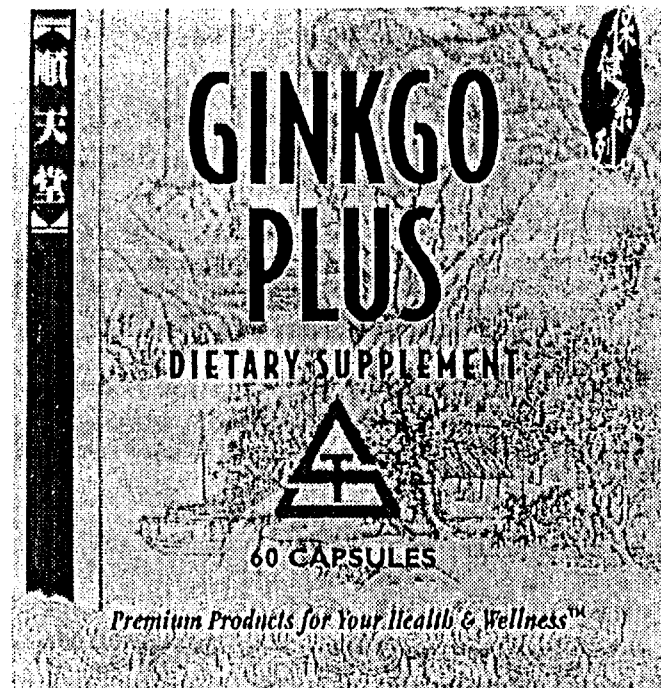
**Directions For Use:** Take 1 capsule per day.

**Storage:** Keep tightly closed in a cool, dry place.

**Caution/Warning:** As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician. Consult a physician before you take ginkgo if you are on any medications. Ginkgo may cause irritability, restlessness, diarrhea, nausea and vomiting.

**Note:** This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY HEALTH & WELLNESS™,  
PO BOX 509040, SAN DIEGO, CA 92150-9040



## Supplement Facts

Serving Size: 1 Capsule - Servings Per Container: 60

|   | Amount Per Serving: | %Daily Value |
|---|---------------------|--------------|
| Ginkgo extract (Ginkgo biloba leaf, std 24% flavones, 6% terpene lactones)  | 40mg                | *            |
| A proprietary herbal formulation containing extracts of Chinese ginseng (Panax ginseng root) and Cnidium (Cnidium officinale rhizome) |                     |              |
|   | 410mg               | *            |

**Other Ingredients:** Gelatin, cellulose, calcium phosphate hydrous, stearic acid, magnesium stearate and silicon dioxide.

\*Daily Value not established

Ginkgo PLUS is free of wheat, corn, dairy, sucrose, starch, salt and yeast.